

### ZANE STATE COLLEGE What's Hope Got to Do with It?

Embedding Hope in a First Year Experience Course

#### Elizabeth Kline, PhD



## It's all about Perspective





#### **The Theoretical Perspective**





## **The Student Perspective**







## **The Academic Perspective**

\* 0.05 GPA increase for each unit increase in hope – Mean = 52



When you know yourself you are empowered. When you accept yourself you are *invincible*.





# The Point



Increase in hope score = Increase in college success = Increased benefit to society and passing on high hope to children (Snyder, 2000)

By increasing hope scores in adults, you are giving them the power in the prime time of their lives to make a difference in society, shaping it for the future.



